



# Freezer Fillers

All our dishes  
serve one generously!

It doesn't matter whether you are filling your own freezer to make life easier, gifting to a friend who has just had baby (invaluable gift!), or sending someone supper, good food stirs the soul!

## Meat mains at £6.00 each

- Moroccan lamb moussaka enriched with a double cheese topping
- Classic Welsh beef lasagne
- Thai red spiced chicken curry with coconut milk, wilting pak choy (GF)
- Free range chicken & ham hot pot

## Fish mains at £7.00 each

- Pembroke crab ravioli & lobster bisque finished with double cream
- Fish pie with salmon, cod, prawns, smoked haddock and a piped potato top
- Sustainable cod loin, fennel, tomato & mint fondue (GF)

## Vegetarian mains at £5.50 each

- Wild garlic gnocchi & mushroom velouté
- Butternut squash & goats cheese tortellini in homemade pasta
- Thai green vegetable curry (Ve/GF)
- Lentil cottage pie with sweet potato mash top (Ve/GF)

## Sides at £3.00 each

- Dauphinoise potatoes
- Fragrant herby rice
- Cauliflower cheese
- Steamed seasonal vegetables with garlic butter

## Desserts at £4.50 each

Designed to serve one person, but invite your partner with an extra spoon and half the calories

- Lemon and raspberry tart
- Chocolate and orange marquise
- Brown butter blondie
- Salted caramel cheesecake
- Rhubarb and apple crumble tart



Please send your order with contact details and delivery address to [info@ejcatering.co.uk](mailto:info@ejcatering.co.uk)

We will contact you to confirm and arrange payment.

Available for collection or delivery. Deliveries are subject to an £8 delivery charge within Cardiff. Minimum spend of £40 required for deliveries.

For queries call **029 2033 1723**  
Online shop coming soon!